

BE PREPARED **BUILD YOUR FAMILY EMERGENCY KIT!**

First Aid Kit

- Use the items recommended by the Red Cross
- Prepare one for both your home and car

Clothing & Bedding

- Rain gear
- Blankets or sleeping bags
- Sturdy shoes or work boots
- Clothing appropriate for conditions



Water

- One gallon per person per day (two quarts drinking/two quarts food preparation and sanitation)
- Keep or be prepared to store a three-day supply per person at home

Food

- Compact, non-perishable food that requires little preparation
- Canned juices and foods (meat, fruit, etc.)
- Manual can opener
- Sterno or camping stove, if you must heat food.
- Special foods (infants, elderly)

Special Items

- Cash or traveler's checks, change
- Prescription drugs, vitamins
- Important family documents in waterproof, portable container:
 - Birth, marriage, death certificates
 - Will, insurance policies, deeds, contracts, etc.
 - Passports, social security cards, immunization records
 - Bank & credit account numbers and contacts
- Inventory of valuable household items
- Important telephone numbers
- Special items for infants, elderly, or handicapped, if applicable
- Books and games

Tools & Supplies

- Battery operated radio and extra batteries
- Cell phone with car charger or extra battery
- Flashlight and extra batteries
- Utility knife
- Map of the area (for locating shelters)
- Paper, pencils
- Matches in a waterproof container
- Personal hygiene items
- Toilet paper, towelettes
- Plastic garbage bags, ties (for personal sanitation)
- Needles, thread
- Duct tape
- Mess kits, or paper cups, plates and plastic utensils
- Plastic storage bags
- Safety flares, whistle
- Soap, liquid detergent
- Plastic sheeting
- Fire extinguisher: small canister (ABC type)
- Pliers, wrench (to turn off gas and water)